



Building each other up –
with God as our firm foundation

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4th July 2024

Relationships (& Sex) Education Parents Consultation 2024

Dear Parents/Carers,

At St. Paul's we use **Jigsaw**, 'the mindful approach to PSHE', as our scheme of work to teach PSHE (Personal, Social, Health Education). The programme consists of 6 half-term units, each with 6 lessons. We call these Jigsaw 'Puzzles'. (Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me).



Lessons build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world, in a positive and healthy way.



Relationships
Education,
Relationships and
Sex Education (RSE)
and Health Education
Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

Primary schools in England are required to teach Relationships Education, which is embedded throughout the Jigsaw scheme of work. Whilst not compulsory, it is also recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils to support their ongoing emotional and physical development effectively, as part of preparation and transition to secondary school.

Sex Education should ensure that both boys and girls are prepared for the changes that adolescence brings and, drawing on knowledge of the human life cycle set out in the national curriculum for science, understand how a baby is conceived and born.

Sex Education is defined at St Paul's as; *learning about human reproduction, sexual intercourse, conception, pregnancy and birth*. The focus is reproduction NOT sexual activity.

Parents have the right to withdraw their children from Sex Education.

Looking ahead to next year, we would like to invite you to attend a consultation session at school in which we will give you a transparent and comprehensive picture of what the Jigsaw Scheme of Work suggests we teach, and in which year groups.

We would very much welcome your attendance and feedback, to help us implement the best curriculum for our children from September and inform our updated RSE policy.

To try and meet the needs of all of our parents, we are offering two meeting times, both to be held in the school hall;

Wednesday 10th July @ 2.15pm

&

Thursday 11th July @ 5.30pm.

Please come to the front office when you arrive.

If you are able to attend, please confirm your attendance via the Gateway app so we know how many chairs to put out (and how many biscuits to buy!)

Following the meetings, there will be an opportunity to give your thoughts and feedback via an online link.

Thank you for your continued support – we hope to see you there.

Best wishes,

Jen Ferretti
Headteacher