



Building each other up –
with God as our firm foundation

St. Paul's Church of England (A) Primary School

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Dear Parents/Carers

On Tuesday 4th June, the School Nursing team will be in school to deliver talks on puberty and reproduction to children as part of our Relationships, Sex and Health Education (RSHE) curriculum. The sessions are planned to introduce the children to these areas in sensitive, age appropriate ways and help them understand and make sense of the physical, emotional and mental changes that begin to happen as they grow.

Year group sessions will cover;

Year 6 – Puberty, body changes and menstruation, conception and birth

Year 5 – Body changes and menstruation

Year 4 – Menstruation

Best wishes,

J. Ferretti (Headteacher)

N.B. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. Maintained schools are required to teach the National Curriculum for Science. At Key Stages 1 and 2 this includes naming and teaching about the main external body parts and changes to the human body as it grows from birth to old age, including puberty. There is no right to withdraw from the National Curriculum.

It is good practice that all primary schools have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. It should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born.